

Croissant – Abbots and Kinney	
plain	4.5
strawberry jam	6.5
leg ham and cheese	add tomato + 1.5 10
Sourdough Fruit Bread – toasted with butter	7
Ham and Cheese Turkish	12
toasted turkish roll filled with leg ham, beerenberg chutney, baby spinach, mayo and cheese	
Chicken Piadina	15
toasted flatbread filled with free range chicken, mayo sauteed mushrooms and baby spinach	
Vegetable Piadina	15
toasted flatbread with roasted seasonal vegetables homemade pesto, baby spinach, fetta and caramelised onion (V)	
Vegetable Frittata	8.5
caramelised onion, fetta, baby spinach and roasted sweet potato, zucchini and capsicum (GF) (V)	16 w/ salad
Roast Pumpkin Tart	8
filled with caramelised onion, fetta and thyme (V)	16 w/ salad
Smoked Salmon Tart	8
filled with caramelised onion, fetta and dill	16 w/salad
Share Platter	15
homemade rustic gourmet dips with olives and grilled pitta bread (GA) (V) (VA)	

Rustic Gourmet Salads

Salads made fresh daily with gluten free options

Small 10 | Medium 16 | Large Share 25

ADD

premium smoked salmon w/ horseradish cream	7.5
grilled free range chicken	8.5
housemade dip	4
grilled sourdough	3

Soup - served w/ grilled sourdough (GA)	15
(Available from April – October)	

Gluten Free (GF) | Gluten Free Available (GA) + 1.5 | Vegan (VG)
Vegan Available (VA) | Vegetarian (V)

Rustic Chicken Burger	18
marinated free range chicken with haloumi, beerenberg chutney, mayo, avo, beetroot relish and mixed greens (GA)	

Grilled Chicken Salad	22
marinated free range chicken served with a mixture of todays salads (GA)	

Falafel	18
w/ housemade hummus, salad and grilled pitta (VG) (GA)	

Smoked Salmon Bagel	18
w/ horseradish cream, baby capers, smashed avo and pickled spanish onion (GA)	
add scrambled eggs +	6

BLT BLAT	14 16
toasted Turkish roll w/ bacon, mesclun lettuce, tomato, chutney & mayo (GA)	
add avocado + 2	

Bacon & Egg Roll	16
toasted turkish roll with two fried eggs, bacon, beerenberg chutney & mayo (GA)	

Sweet Corn Fritters	22
housemade beetroot relish, horseradish cream and avo (GF)	
w/ your choice of...	
poached eggs bacon daily salad premium smoked salmon + 2.5	

Free Range Eggs	12
poached, scrambled or fried served w/ grilled sourdough & roast tomato (GA)	

SIDES

bacon chorizo mushrooms haloumi smashed avo	5 each
premium smoked salmon and horseradish cream	7.5

Smashed Avo	22
grilled sourdough, smashed avo, 2 poaches eggs, haloumi, roast tomatoes and dukkah (GA)	

Kiddies Breakfast	6
fried, scrambled or poached egg served with soldiers (GA)	

Kiddies Bacon & Egg Muffin – served with chutney and mayo	8.5
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French Toast	15
served with seasonal fruit, Greek yogurt, maple syrup & chopped pistachios (GA)	

RG Muesli	12
housemade w/ yogurt, seasonal fruit and milk on the side	
milk alternative +	1.5

REAL FOOD MADE FROM SCRATCH

- Function space available
- Nutritious take home meals
- Private and corporate catering
- Cakes & pastries made in house daily

Coffee		
<i>short black</i>		3
<i>latte, flat white, long black, cappuccino, piccolo (iced)</i>		4.5 5.5
<i>long black</i>		4 5
<i>macchiato</i>		4.5
<i>iced coffee iced chocolate iced mocha – all served w/ ice cream</i>		7.5
<i>chai latte</i>		5.5 6.5
<i>dirty chai</i>		6 7
<i>mocha / hot chocolate</i>		5 6
<i>affogato</i>		7
<i>-extra shot</i>		.50
<i>Milk lab - almond milk lactose free coconut milk</i>		1
<i>Bonsoy - soy milk</i>		1
<i>Minor Figueres - oat milk</i>		1

T2 Tea	pot for one	4.5
<i>english breakfast earl grey camomile green jasmine</i>		
<i>lemon grass & ginger chai</i>		

Smoothies		
<i>Banana – milk, yogurt, honey, cinnamon</i>		8
<i>Mixed berry – milk, yogurt, honey</i>		8
<i>Mango – coconut milk, honey, yogurt</i>		8
<i>Peanut butter – almond milk, mixed berries, protein, banana, spinach (VG)</i>		9.5
	milk alternative +	1.5

Juice' freshly squeezed		8
<i>Cleanse – celery, cucumber, mint, apple, ginger, lemon</i>		
<i>Immune – apple, carrot, orange, ginger</i>		
<i>Summer – watermelon, pineapple, strawberry</i>		
<i>Classic – orange and/or apple</i>		

Ginger Shot – ginger, lemon and honey w/ slice of apple for the chaser		8
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Sparkling Mineral Water	300ml 750 ml	4.5 8
Trio – Soda Water	300ml	4.5
100 mile – Still Water Splitrock – Mineral Water.	300ml 750ml	3.5
Strange Love - Ginger Beer Lemon Squash		5
Emma & Toms – Sparkling Raspberry Lemon Lime & Bitters		5
Utonic Kombucha – Ginger & Turmeric Mixed Berry Pomegranate		5

Milkshakes – Vanilla Chocolate Hazelnut Strawberry Caramel		7
	milk alternative +	1.5

South Australian Wines

<i>Bird in Hand Sparkling Pinot Noir 2020</i>		G 10 B 40
<i>Adelaide hills</i>		
<i>Daosa Sparkling Pinot Noir & Chardonnay 2018</i>		G 14 B 56
<i>Picadilly valley, Adelaide hills</i>		
<i>Vinteloper Pinot Gris 2020</i>		G 12 B 48
<i>Fleurieu & Adelaide Hills</i>		
<i>Fox Gordan Fiano 2018</i>		G 12 B 48
<i>Adelaide Hills</i>		
<i>La Prova Rosata 2020</i>		G 12 B 48
<i>Adelaide Hills</i>		
<i>Simon Tolley Pinot Noir 2019</i>		G 12 B 48
<i>Adelaide Hills</i>		
<i>Bird in Hand 'Two in the Bush' Shiraz 2020</i>		G 12 B 48
<i>Adelaide Hills</i>		

Beer and Cider

Vale – Vale Ale 4.5% Tropical ale 4.3% Mid Coast 3.5%	8
Three Oaks Apple Cider	8

Liquor

23 rd Street signature Gin, Renmark, SA w/ strange love tonic or soda water	12
23 rd Street Signature Vodka, Renmark, SA w/ strange love tonic or soda water	12

Cocktails

Aperol Spritz	14
Espresso Martini	16
Vodka Spritzer	14

